

# SiDECar – Skills in DEmentia Care: a European project aimed to Promote the Psychosocial Knowledge in Dementia Care

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## Objective

SiDECar aims to promote the psychosocial knowledge in dementia care in academic, professional and public policy fields.

## Background

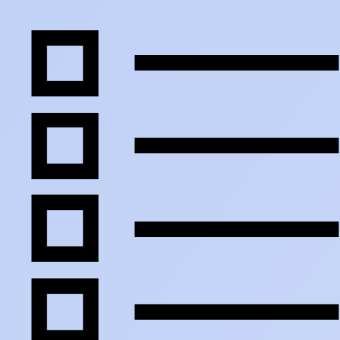
- SiDECar is an **Erasmus+ project** funded under the KA2 Strategic Partnerships for Higher Education (2018-2021).
- Nowadays, university curricula are only marginally focused on **providing psychosocial knowledge** in dementia care. Practitioners are used to refer to medical assistance models.

## Methods

Objective 1 – Two **systematic reviews (SR)** about dementia and best practices are being conducted in order to identify the most effective psychosocial interventions for people with dementia and their formal and informal caregivers:



- SR1: European, academic courses in psychosocial care in dementia.
- SR2: European and national/regional/local health dementia plans.



Objective 2 – **A list of topics** will be identified that will become the core for the development of academic courses and/or curricula.



Objective 3 - Several outcomes will be distilled: formalized **courses/curricula** syllabus and materials, guidelines, manuals and recommendations.

The SIDE CAR curriculum will be programmed, developed and qualitatively checked by a group of EU Academic researchers and members of the INTERDEM network. By capitalizing on this network, SIDE CAR will ensure a direct transfer of the most solid and innovative scientific evidence into higher education curricula.



## Expected results

SiDECar expected impact is situated on different levels:

- Academic - For students and professors, Department and School Directors, Rectors;
- Professional - For social workers, practitioners, Heads of Service, NGO Delegates, Agencies;
- Political – For local, national and international social welfare policies.

## Conclusion

Several dissemination events will be planned, a public website has been developed, and social media will be used to disseminate recommendations and actions concerning the project results.

**SiDeCar's final aim is to achieve a broad awareness towards dementia by keeping the focus on those psychosocial actions that can be implemented to improve quality of life of people with dementia, formal and informal caregivers.**

