

Project outcomes: the SIDECAR curriculum

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ALMA MATER STUDIORUM
UNIVERSITÀ DI BOLOGNA

SIDECAR



Overview

- 1. Outcomes**
- 2. TTLA activities**
- 3. Future steps**



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Curriculum vision and mission

- To systematize the timely up-to-date knowledge on psychosocial care for dementia



- **A1:** Analysis of EU **Higher Education** on psychosocial care in dementia
- **A2:** Analysis of national dementia **strategies**, action **plans** and guidelines across Europe focusing on psychosocial care



Study curriculum



Manual for exploitation
and dissemination



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Outcome 01

A1: HE state of art

A2: European action plans and guidelines

Integrating evidence-based research, welfare practices and HE programs



Psychosocial care in dementia in European higher education: Evidence from the SiDECar ("Skills in DEmentia Care") project

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ARTICLE INFO

ABSTRACT

Keywords:

in dementia care



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Environmental Research
and Public Health



Article

The Integration of Psychosocial Care into National Dementia Strategies across Europe: Evidence from the Skills in DEmentia Care (SiDECar) Project

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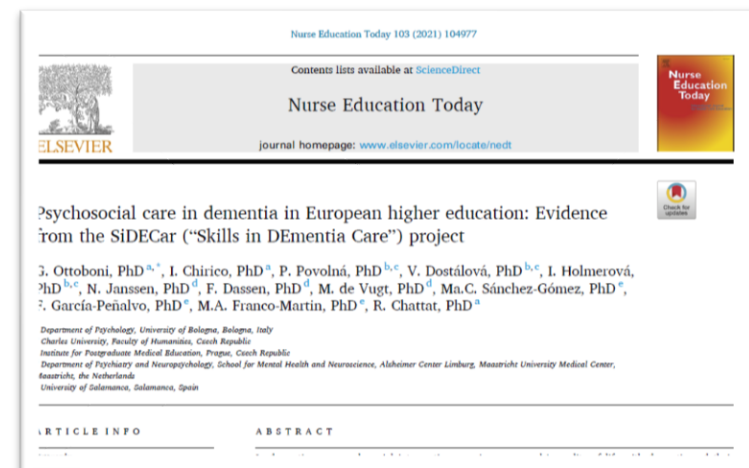


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A1: HE state of art

303 teaching activities

	%
First cycle act.	13.5
Second cycle act.	57.7
Courses	49.8
Modules	23.4
Topics	.3
Required act.	57.1
Elective act.	11.2
Traditionally delivered act.	34
Blended act.	18.8
ECTS	12 ± 10 (n = 174)
Hours	39 ± 21 (n = 19)



- Second cycle > First cycle
- Required activities > elective activities
- Practical + theoretical contents
- Frontal > blended activities

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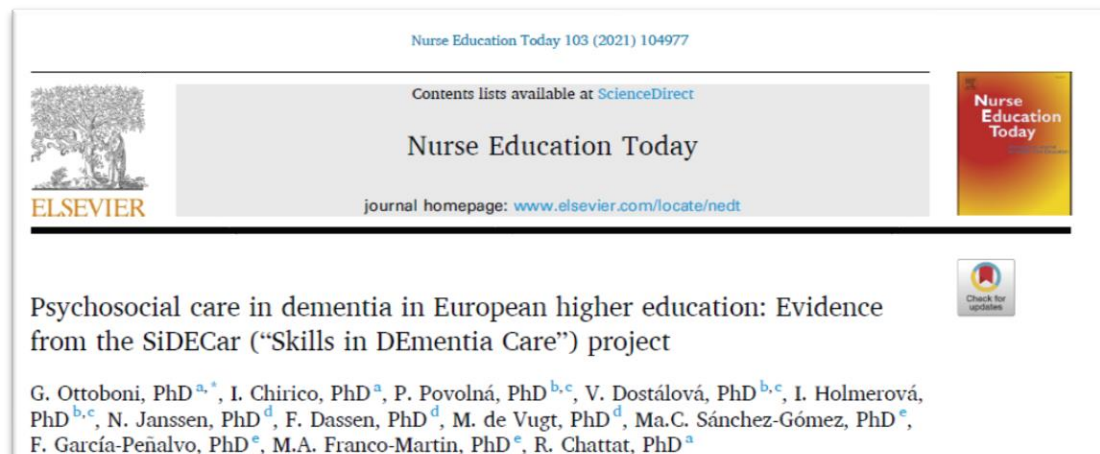


Outcome 01

A1: HE state of art

A2: European action plans and guidelines

Integrating evidence-based research, welfare practices and HE programs



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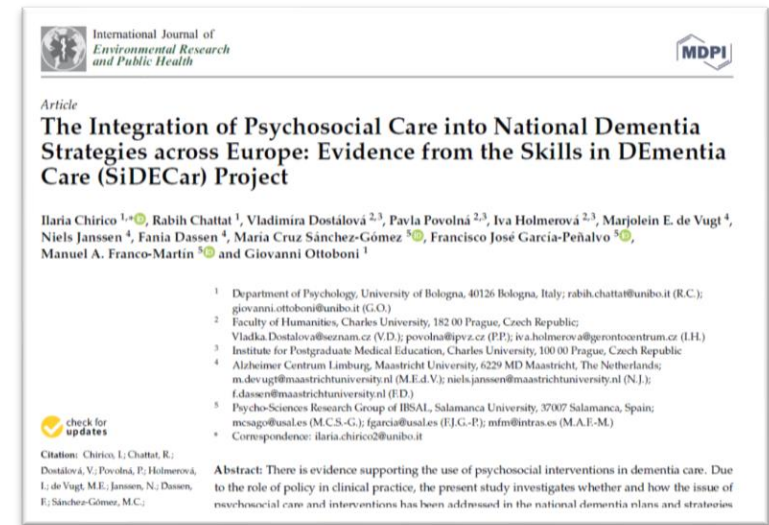




Outcome 01

A2: European action plans and guidelines

Integrating evidence-based research, welfare practices and HE programs



26 national documents

Main pillars associated with the topic of psychosocial care and interventions:

- **Treatments**
 - (1) Person-centred conceptual framework,
 - (2) Psychosocial interventions,
 - (3) Health and social services networks.
- **Education**
- **Research**

Information across the documents was heterogeneous, but Treatment was the only theme covering all.







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Outcome 02

Study curriculum

Curriculum for the "Skills In DEmentia CARE (SIDECAR)" program of studies

 SIDECAR

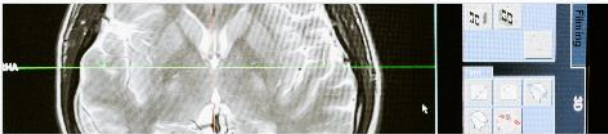
 Giovanni Ottoboni

Customise this page


Course overview

All


Sort by Course name Card




★ Module 0: Neurological and somatical aspects of ...



★ Module 1: Living well with dementia




★ Module 2: Living well with people with dementia



★ Module 3: Positive working with people with ...

Show 12

SIDECar Project
<https://sidecar-project.eu>

Data retention summary



Outcome 02 Study curriculum

The screenshot shows the SIDECAR program interface with the following modules and topics:

- Module 0: Neurological and somatical aspects of dementia**
 - Topic 2. Psychopathology of dementia
- Module 1: Living well with dementia**
 - Topic 2. Care needs in people with dementia
 - Topic 3. Psychosocial interventions in dementia
 - Topic 4. Ethical and legal considerations in dementia
 - Topic 5. Technology for people with dementia
 - Topic 6. Prevention of dementia and healthy ageing
 - Topic 7. Practical training – introduction to the practice
- Module 2: Living well with people with dementia**
 - Topic 1. Theoretical perspectives on caregiving
 - Topic 2. Policies and care systems for informal caregivers
 - Topic 3. Assessment of informal caregivers
 - Topic 4. Caregiver impact (including positive aspects) and diversity
 - Topic 5. Caregiver interventions, including eHealth
 - Topic 6. Implementation of caregiver (eHealth) interventions
- Module 3: Positive working with people with dementia and their family members**
 - Topic 1. Organization of formal care
 - Topic 2. Theoretical models describing formal caregiving
 - Topic 3. Interventions to support professional caregiver in their working ...
 - Topic 4. Communication skills with PWD, informal caregivers, and ...
 - Evaluation





Outcome 02

Study curriculum

Curriculum for the "Skills In DEmentia CARE (SIDECAR)" program of studies

4 Topic 4. Ethical and legal considerations in dementia

Introduction

The topic acquaints learners with reflections on ethical and legal issues impacting people with dementia life, including the one having a role in the end-of-life context.

The learning objectives are the following:

- To be introduced to the approaches to ethics, concepts of equality, diversity, and inclusion;
- To be able to manage the fundamental aspects of ethics in dementia care, e.g., informed consent, shared decision-making process and health literacy, limitation of legal capacity;
- To be acquainted with end of life realm, advanced care planning and palliative care options.

The objectives are tackled by the mean of various materials.

Three videos summarize the Topic's contents; the recommended literature supports the learning process; the additional literature nurtures the final understanding together with additional materials and task assignment.



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Study curriculum

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DECAR

First video (Topic 4, Module 1) – Ethical and legal theories

This video presents a few ethical and legal theories interesting to people with dementia and their caregivers along their life course.



Click on this [link](#) to download the slides used by the presenter.

Second video (Topic 4, Module 1) – Autonomy, secureness and informed consent



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Study curriculum

Curriculum for the "Skills In DEmentia CARE (SIDECAR)" program of studies

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Recommended literature

- Fritzsche, D., & Oz, E. (2007). Personal Values' Influence on the Ethical Dimension of Decision Making. *Journal of Business Ethics*, 75(4), 335–343. <https://doi.org/10.1007/s10551-006-9256-5>
- Sadler-Smith, E. (2012). Before Virtue: Biology, Brain, Behavior, and the "Moral Sense". *Business Ethics Quarterly*, 22(2), 351–376. <https://doi.org/10.5840/beq201222223>
- Schwartz, S. (2013). Value priorities and behavior: Applying. *The Psychology of Values: The Ontario Symposium*, 8. https://www.academia.edu/download/49836893/2Psico_2007.pdf
- Whitehouse, P. J. (2000). Ethical issues in dementia. *Dialogues in Clinical Neuroscience*, 2(2), 162–167 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3181593/>
- Goossens, B., Sevenants, A., Declercq, A., & Van Audenhove, C. (2019). Improving shared decision-making in advance care planning: Implementation of a cluster randomized staff intervention in dementia care. *Patient Education and Counseling*. <https://doi.org/10.1016/j.pec.2019.11.024>
- [Decision making and legal capacity in dementia](#)
- [MacArthur Competence Assessment Tools](#)
- [The walk from "no" to "yes"](#)
- [The art of choosing](#)
- [How my dad's dementia changes my idea of death](#)

Additional literature

- Mansouri, N., Goher, K., & Hosseini, S. E. (2017). Ethical framework of assistive devices: Review and reflection. *Robotics and Biomimetics*, 4(1).
- Bruera, E., & Hui, D. (2010). Integrating supportive and palliative care in the trajectory of cancer: Establishing goals and models of care. *Journal of Clinical Oncology*, 28(25), 4013–4017 <http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.988.2420&rep=rep1&type=pdf>
- [European Dementia Ethics Network](#)
- [Alzheimer's Society's view on mistreatment and abuse of people with dementia](#)
- [What really matters at the end of life](#)
- [Alzheimer's disease and other dementias: EU initiatives](#)



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Study curriculum

Curriculum for the "Skills In DEmentia CARE (SIDECAR)" program of studies

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Additional materials

1. In the paper entitled [Abuses in dementia, and responses of care](#), we provide a few comments on the phenomena of abuse on people with dementia. Alongside a description of the most frequent types of abuses, attention is driven towards theoretical models aimed at contextualizing the phenomena.
2. In the paper entitled [Health care proxy and guardianship in Czech Republic, Italy, The Netherlands, and Spain](#), we report the situations of proxy services and facilities that feature some European countries.

Task assignment

In order to reflect on the materials just encountered, we would you to

- Reflect on how each person with dementia, and their family, can change their point of view about life purposes over time;
- Try to figure out how to support the person in each vignette and their family in achieving the lowest level of suffering possible;
- Evaluate whether and how to implement the "third position" in such decision-making instances.

Moreover, we would you to read the following vignettes and reflects on the ethical aspects featuring the two situations.

1. Thomas is an 80-year-old director of photography with moderate dementia, metastatic prostate cancer, and liver cirrhosis. His wife, who is 18 years younger is his main caregiver. He has been admitted to the hospital three times in the last 9 months. First for urinary tract infection, second for pneumonia, and third for a fall when he broke his nose. He is in an unstable mood most of the time. He has not a good appetite and recently her wife was fired from her job.
2. Jane is 93 years old and has advanced Alzheimer's disease (behavioural stage 3), type II diabetes mellitus with hypertension. She lives in a nursing home and was recently in the hospital with a urinary tract infection, her 4th admission in the last 10 months. Her behaviour challenges the nurses, as, from time to time, she is physically violent when receiving personal care. She has a poor appetite and she loses 12% of her body weight in the last six months.



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Outcome 02

Study curriculum

Curriculum for the "Skills In DEmentia CARE (SIDECAR)" program of studies



Evaluation



Evaluation questionnaire

The curriculum is under constant development, as all the information provided is very updated and systematized. In order to keep high the level of learners' satisfaction, we developed a questionnaire where the people who have read and watched the videos can provide their comments, indication and feedback on what they attended.

The questionnaire can be accessed by following this link
https://unibopsice.eu.qualtrics.com/jfe/form/SV_1U4yxlWI6W7zTDw

Thanks for the contribution you would provide. Your input is critical for us!



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Outcome 03



A manual for the correct exploitation of the framework

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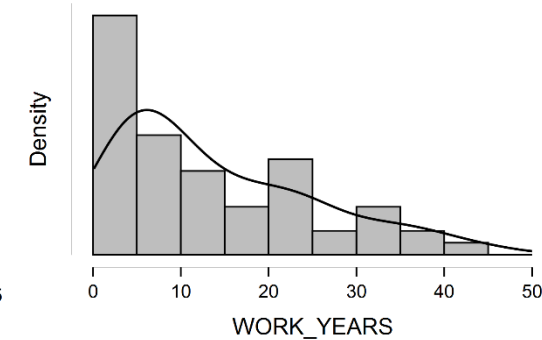
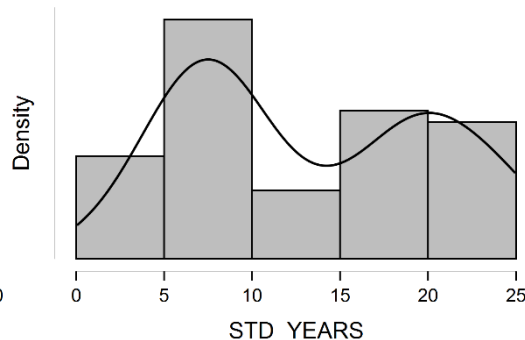
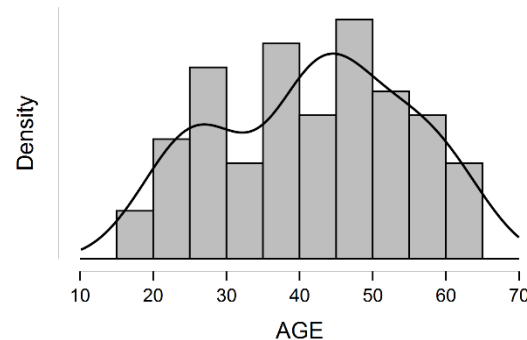


TTLA activities

Feedback and comments

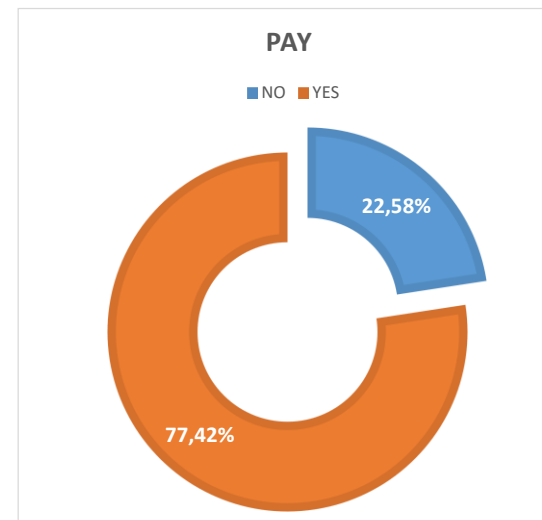
TTLA with students from IPVZ, INTERDEM Academy, UNIBO

62 students



Positive aspects

- crucial for my future professional practise because it allowed for continuous learning
- promoted my capabilities of problem-solving
- facilitated the understanding of basic concepts and ideas within the discipline
- content were featured of timely uploaded materials



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Future steps



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Platform kick-off and maintenance



SIDECar Training Platform

SIDECar is a European Erasmus+ project aimed at promoting the psychosocial knowledge in dementia care through the introduction and delivery of HE programs relevant to the labor market in dementia care

Accesso alla piattaforma

Username

Password

Login

[Hai dimenticato lo username o la password?](#)

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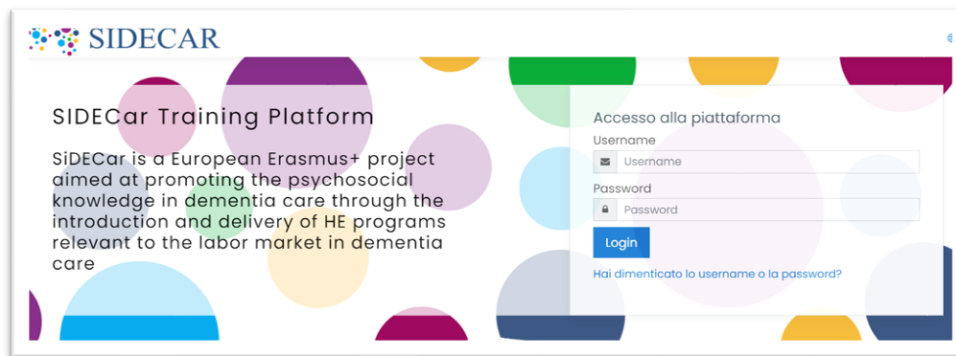


Future steps



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Platform kick-off and maintenance



- Open and free
- Pay per certification

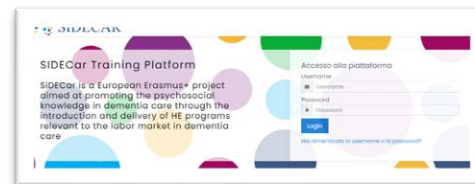


Future steps

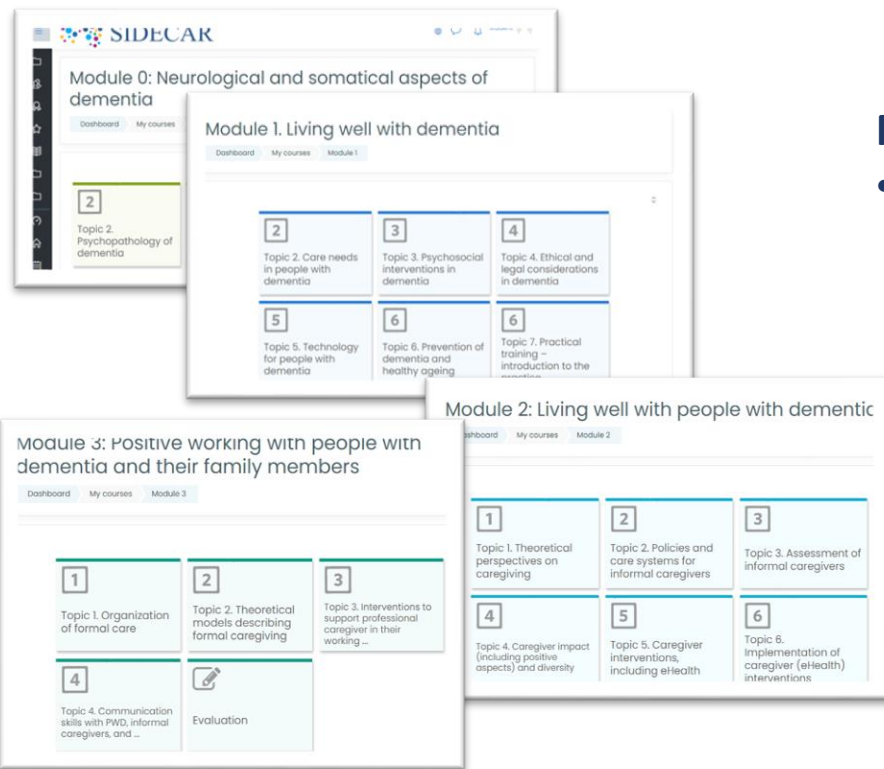


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Platform kick-off and maintenance



- Open and free
- Pay per certification



Modularity

- Can be borrowed by
 - teachers
 - students
 - workers

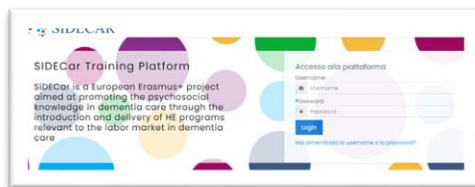


Future steps



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Platform kick-off and maintenance



- Open and free
- Pay per certification

UNIBO



USAL



IPVZ



MU



Conjunct
International
Diploma

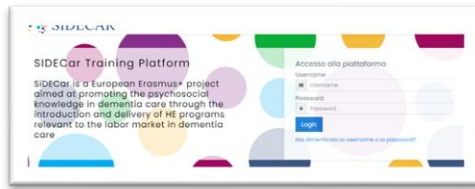


Future steps



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Platform kick-off and maintenance



- Open and free
- Pay per certification

UNIBO



USAL



IPVZ



MU



CTP or ECTS
credits



Take home messages

- 
- **Fragmeted EU situation**
 - **Online curriculum**
 - **Systematized and updated materials**
 - **Good students feedback**
 - **Material modularity**
 - **Sustenability**



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Thanks you all

<https://sidecar-project.eu>



<https://www.facebook.com/SkillsInDEmentiaCARE>



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